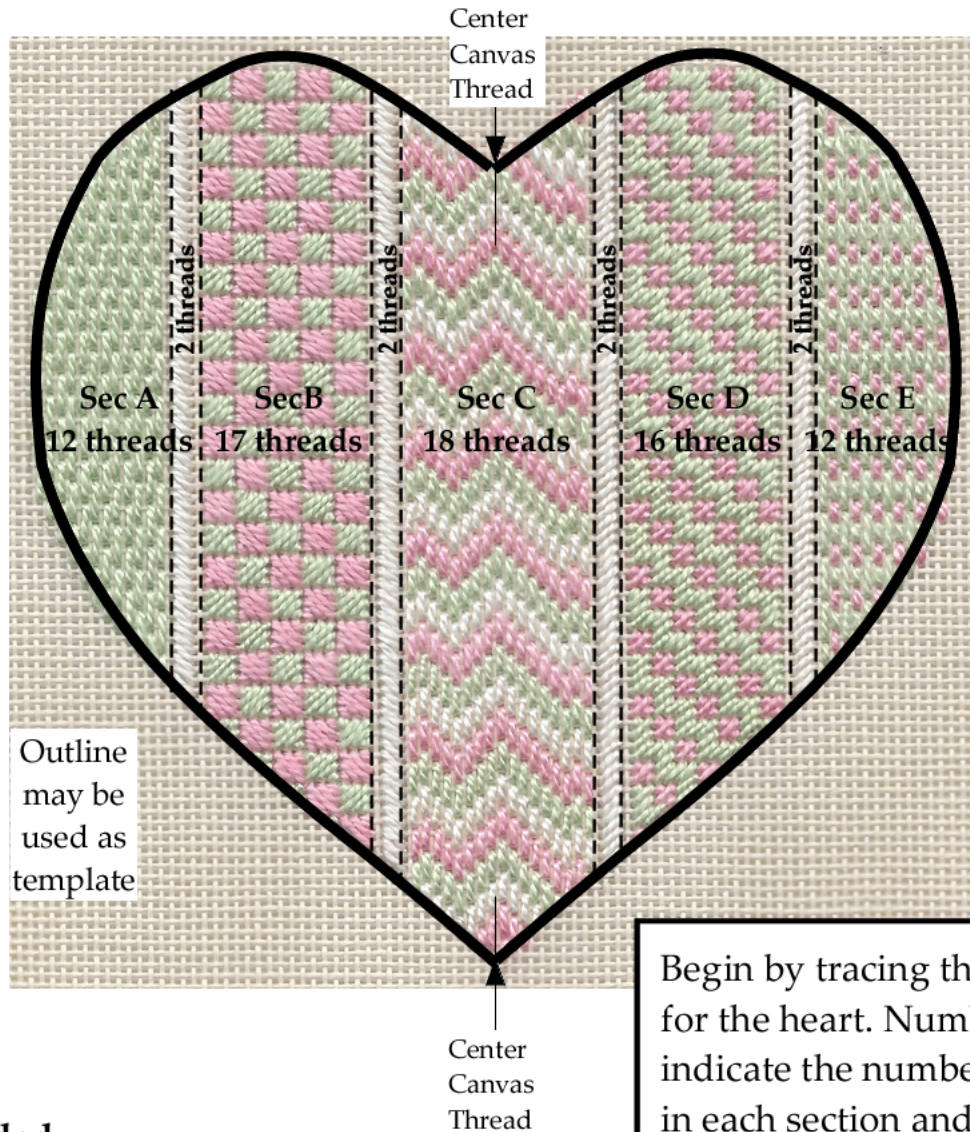


# HOSPICE HEARTS

adapted by Barbara Richardson for  
Greater Kansas City Needlepoint Guild Philanthropic Project



Begin by tracing the outline for the heart. Numbers indicate the number of threads in each section and dividing lines for the project.

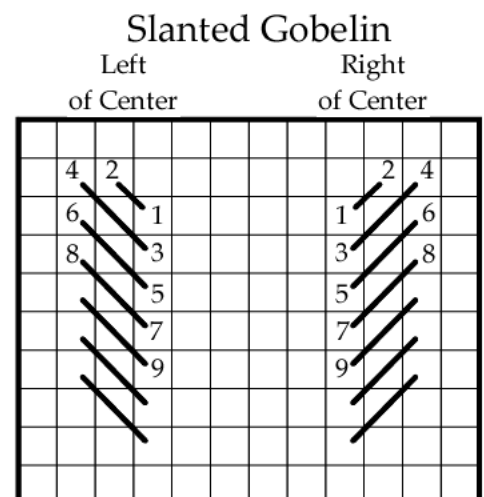
## Materials Needed:

- 8 inch x 8 inch 18 count mono canvas
- 2 Pair 8 inch stretcher bars with tacks
- #5 Perle Cotton: Three (3) colors
- #22 Tapestry Needle

## Dividing Bands: Slanted Gobelin

One Color

- Slanted Gobelins are stitched over two (2) threads
- The bands left of center slant from lower right to upper left. And the bands right of center slant the opposite direction, from lower left to upper right.



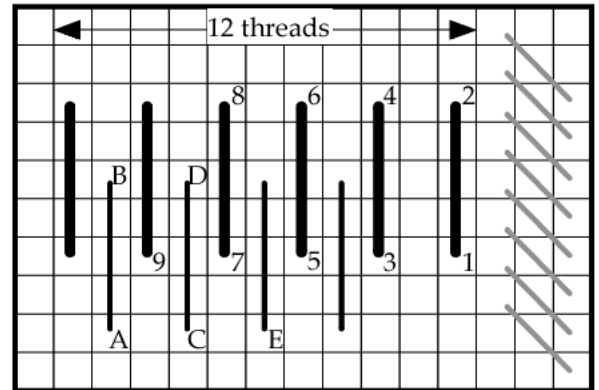
**NOTES:**

- Leave one empty thread on each side of the dividing band – do not share stitches with the band.
- May start sections in widest part of area and then stitch above and below.

### Section A: Giant Brick

One or two colors

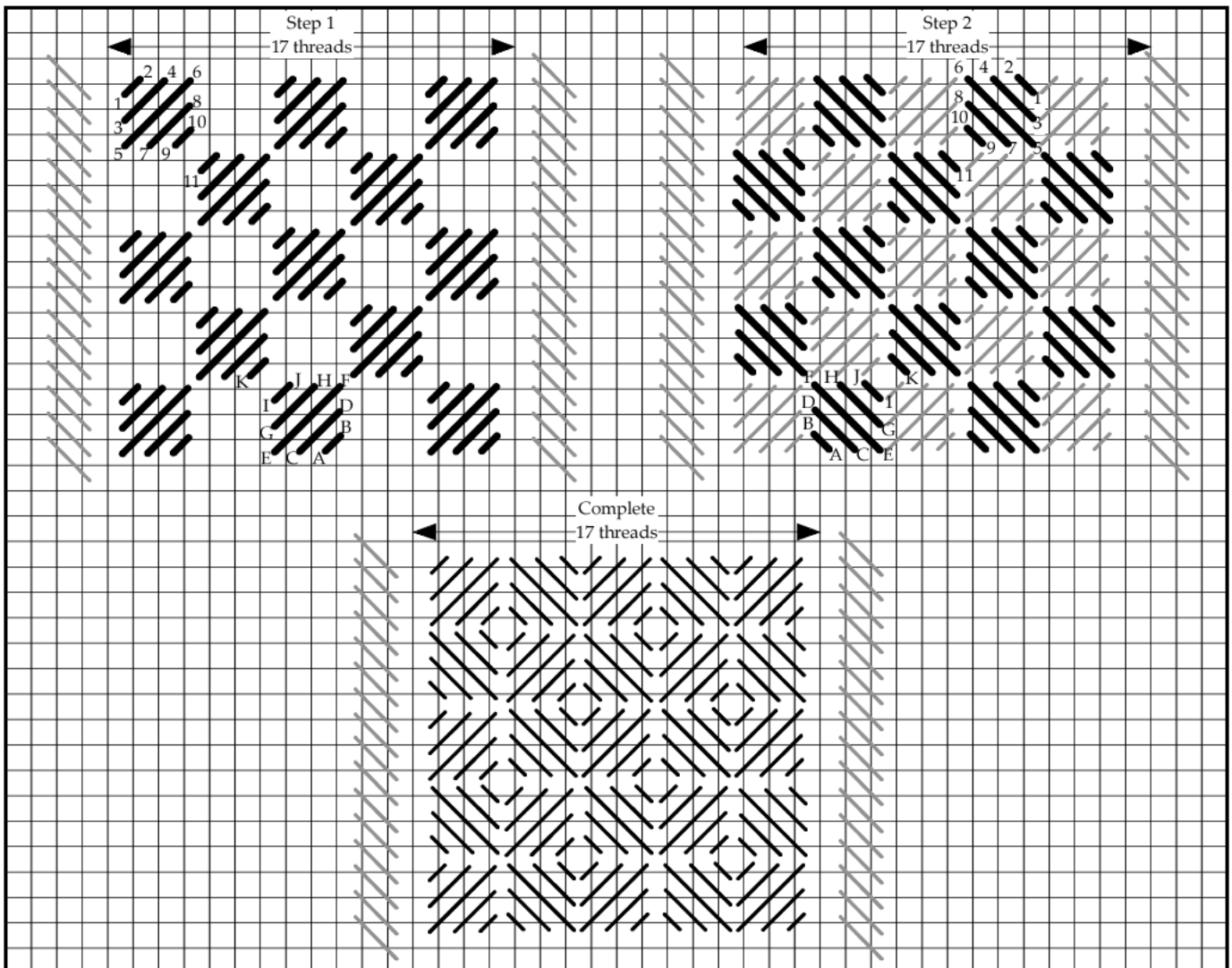
- Giant Brick, this is stitched vertically over four threads.
- Once the first rows are established, all rows will share holes with the previous rows.
- Some shorter stitches needed at the top and bottom rows – compensation to fit the curve of the heart



### Section B: Reversed Scotch

One or two colors

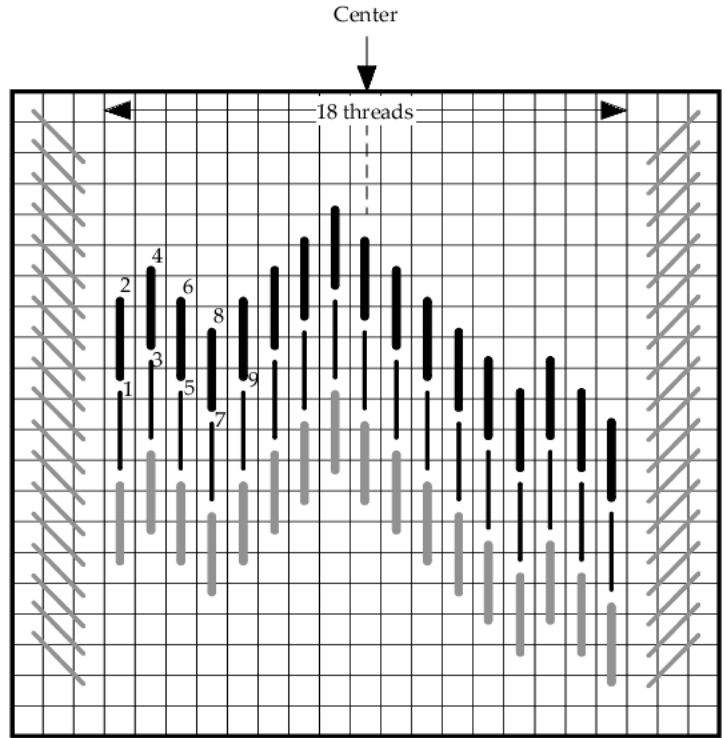
- Step 1: The Reversed Scotch is done on the diagonal – over one (1), over two (2), over three (3) and then back to over two (2) and over one (1). This forms a small box.
- Step 2: After all scotch stitches are stitched in one direction, reverse the pattern to fill in other stitches.



### Section C: Bargello Pattern

One (1), two (2) or three (3) colors

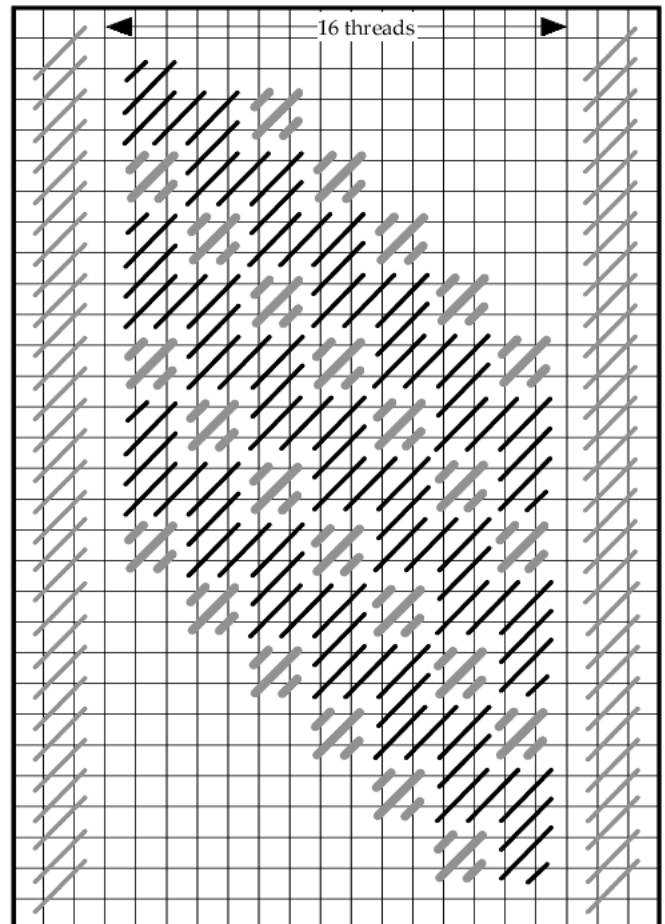
- Bargello Pattern is stitched over three (3) threads.
  - Once a row is done vertically over three (3) threads, all other rows follow the same pattern.
- Note that the changes are either up one (1) thread or down one (1) thread to make the undulations of the pattern.



### Section D: Small Byzantine Pattern with Mosaic Stitches

One (1) or two (2) colors

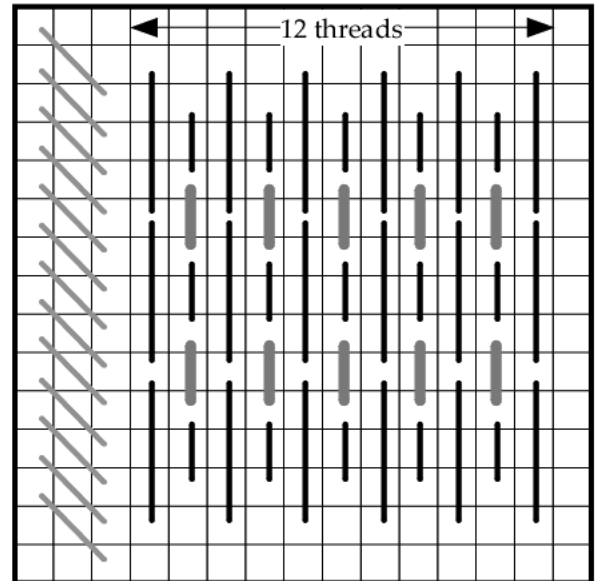
- Step 1: Stitch the Small Byzantine (zig zag pattern) over two (2) threads following the diagram
- Step 2: Fill in open spaces left in the Small Byzantine pattern with Mosaic stitches.



## Section E: Parisian Stripe

One (1) or two (2) colors

- Step 1: The main stripe is done in vertical stitches over 2 and over 4, alternating. Note that the long over four stitch shares with the long over four stitch of the next row; this will leave a space of two threads that go in between the over two stitches of the main rows. This space is filled with an upright stitch over 2 threads in a contrasting color.
- Step 2: Fill in open spaces with an upright stitch over 2 threads in a contrasting color.



Many thanks to our friend, Barbara Richardson for adapting her design for Hearts for Hospice. Barbara is a long time friend of many ANG members. She and her husband, Gilbert, live in Bluffton, South Carolina. She is a graduate of the University of Michigan with a degree in Business Administration. Barbara teaches classes locally and regionally as well as for the TNNA market. She has served as an active volunteer in various guilds as well as Past President of the American Needlepoint Guild.



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